

Self-Reflection Questions

How have you experienced faith in your life?

What are your greatest talents or skills?

Which of your talents or skills gives you the greatest sense of pride or satisfaction?

Self-Reflection Questions

What are ten things that are really important to you?

What are the three most important things to you?

What are the values that you hold nearest to your heart you are willing to sacrifice for?

Self-Reflection Questions

How is the “public you” different from the “private you”?

What do you want people to think and say about you?

Is it more important to be liked by others or to be yourself? Why?

Self-Reflection Questions

What three things are you most proud of in your life to date?

What do you hope to achieve in life?

If you could accomplish only one thing before you died, what would it be?

Self-Reflection Questions

Finish these sentences:

I do my best when . . .

I struggle when . . .

I am comfortable when . . .

I feel stress when . . .

I am courageous when . . .

One of the most important things I learned was . . .

I missed a great opportunity when . . .

One of my favorite memories is . . .

My toughest decisions involve . . .

Being myself is hard because . . .

I can be myself when . . .

I wish I were more . . .

I wish I could . . .

I wish I would regularly . . .

I wish I had . . .

I wish I knew . . .

I wish I felt . . .

I wish I saw . . .

I wish I thought . . .

Self-Reflection Questions

Life should be about . . .

I am going to make my life about . . .

When you are done, what surprised you? What has it taught you about yourself? Were the answers the same or different with what the trusted individual wrote?

Take these responses to prayer. Ask God for his direction.