Discernment and Responsibility

We need to take responsibility for our lives and the choice of our vocation. No one you can make the decision for you; not a survey, not a sign, not a story. When we accept the responsibility for our vocation we begin to free choose. But this is not easy. So, how can we start?

This resource is designed to help you think about who you are and where you are in understanding where God is in your life. It is paired with the video titled: How to "Discern. First step, take responsibility."

Take time and write out, for yourself, an honest answer to these questions:	
	entioned in the video is to trust that God cares for you and God has given you the esful in the life he desires for you.
_	nd honest) passions do I have? What inspires me to get up in the when it is difficult?
For what am I	willing to sacrifice? What pushes me to go beyond who I am now?

Do you believe God cares for you? Why or why not?
The second is to pray. Not to just say prayers because you must but to have a real relationship with Christ. If we take seriously the idea that Christ is calling you to himself through a vocation you must be able to hear him. He must be both your Lord and friend.
What is your prayer life like? Do you take time to have a real conversation with God?

How do you see God? Is God vengeful and hard? Or is God a loving father?
Do you regularly go to Mass and worship? Do you participate in the sacraments?

Do you take time to listen in silence or in scripture?		
		
And third, love deeply. Nothing changes us as deeply as love. Love if ife. If you are not actively seeking out opportunities to love God and nissing out on the greatest gift of God to you in your discernment.		
How do you treat others? Do you gossip, lie, cheat?		

Do you take time to do acts of charity? Have you ever volunteered at Church or a local charity?		
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Where do these questions leave you? Are you satisfied with who you are? What changes do you need to make? Where do you need to take responsibility?